

National 'Elf Service Week

16th - 22nd December



NHS
Grampian
Charity

Dear Honorary Elf,

Thank you for signing up to take part in National 'Elf Service Week to bring some Christmas magic to NHS Grampian patients, visitors and staff over the festive period.

As I'm sure you know, Christmas is a very busy time for me as I travel around the world delivering presents to boys and girls, so I'm very grateful that you decided to become an Honorary Elf to help me out.

I've enclosed some information to help you plan your own event for National 'Elf Service Week; whether you want to dress up, wear a Christmas jumper, play a festive game or quiz, or have some elf-tastic fun with your family, friends and colleagues.

Christmas is such a special time for people to spend with their loved ones, having fun and enjoying the festive cheer. Unfortunately, not everyone is able to spend Christmas at home or with those closest to them, and many people will wake up on Christmas morning in hospital surrounded by health and care colleagues instead of family and friends.

With your support we can bring some Christmas magic to the patients, visitors and staff in hospitals across Aberdeen, Aberdeenshire and Moray. If you would like any help with your National 'Elf Service Week plans please get in touch with my Chief Elf Claire on gram.charities@nhs.scot

Thank you for your incredibly generous support, at Christmas and all year round.

Wishing you a very merry Christmas and a happy and healthy new year!

Santa

Santa Claus

Claire

Claire Robertson, Chief Elf

How to plan your National 'Elf Service Week event

I'm a big fan of making lists (and checking them twice!) so I thought I would put together a handy checklist to help you plan your National 'Elf Service Week event:

- Decide when you want to hold your event - National 'Elf Service Week runs from December 16th to December 22nd, but you can plan for a different day if you prefer
- Choose what activities you want to do. You could organise a 'dress as an elf' day or a Christmas jumper day, a festive bake sale, a Christmas raffle or lucky squares, you could ask friends, family and colleagues to give you a small donation to find out their elf name, or much more!
- Set up a JustGiving page to collect any money you raise online, by visiting www.justgiving.com/nhsgrampiancharity
- Share your Save the Date with friends, family and colleagues to let them know what you have planned. Don't forget to include the link to your JustGiving page in case they cannot attend but would still like to donate. Remember to fill out the poster in this pack to help share the details of your day.

On the day:

- Make sure you take lots of pictures and tag NHS Grampian Charity on social media. You can also use #NationalElfServiceWeek
- Thank your guests for attending and let them know how much you've raised
- If you are collecting cash donations you can pay them into your JustGiving page, or contact us on gram.charities@nhs.scot for other options
- And don't forget to have fun!

Santa's fundraising top tips



Tell your story about why you are fundraising, and why it matters to you.



Keep everyone up to date with how your fundraising is going using social media and the update area on your fundraising page.



Set a fundraising target for yourself and your supporters. Pages with targets receive 46% more donations than those that don't, so aim high!



Add a photo of yourself to your fundraising page. Fundraisers receive 14% more donations for each photo or video they have.



Share your fundraising page on social media or by email to help spread the festive cheer. Don't forget to tag NHS Grampian Charity and use #NationalElfServiceWeek



Share your fundraising page again after your event. 20% of donations come in after an event has finished.



Join us for
**National 'Elf
Service Week**

And help bring
Christmas magic to
NHS Grampian
patients

Where

When



Join us for

National 'Elf Service Week

And help bring
Christmas magic to
NHS Grampian
patients

Where

When

Find your inner elf

To become a true festive elf you need to know your elf name. You can find out yours below using your first initial and the month of your birthday.

Don't forget to cut out and fill in a nametag on the next page so that other elves know what to call you!

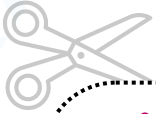
A Cinnamon
B Glimmer
C Coco
D Cheeky
E Cookie
F Holly
G Frosty
H Tinsel
I Garland
J Snowy
K Fizzy
L Buddy
M Mittens

N Pixie
O Bubbles
P Starry
Q Berry
R Lucky
S Buster
T Elfie
U Tiny
V North
W Sparky
X Chestnut
Y Toffee
Z Dasher

Jan Fairytoes
Feb Macjingles
Mar Glitterpie
Apr Sparklepants
May Gumdrop
Jun Tinselbottom

Jul McSnowflake
Aug Candyfloss
Sep Sleighbell
Oct Jinglecheeks
Nov Sugarplum
Dec Von Holly





Hi, my name is



Hi, my name is



Hi, my name is



Hi, my name is



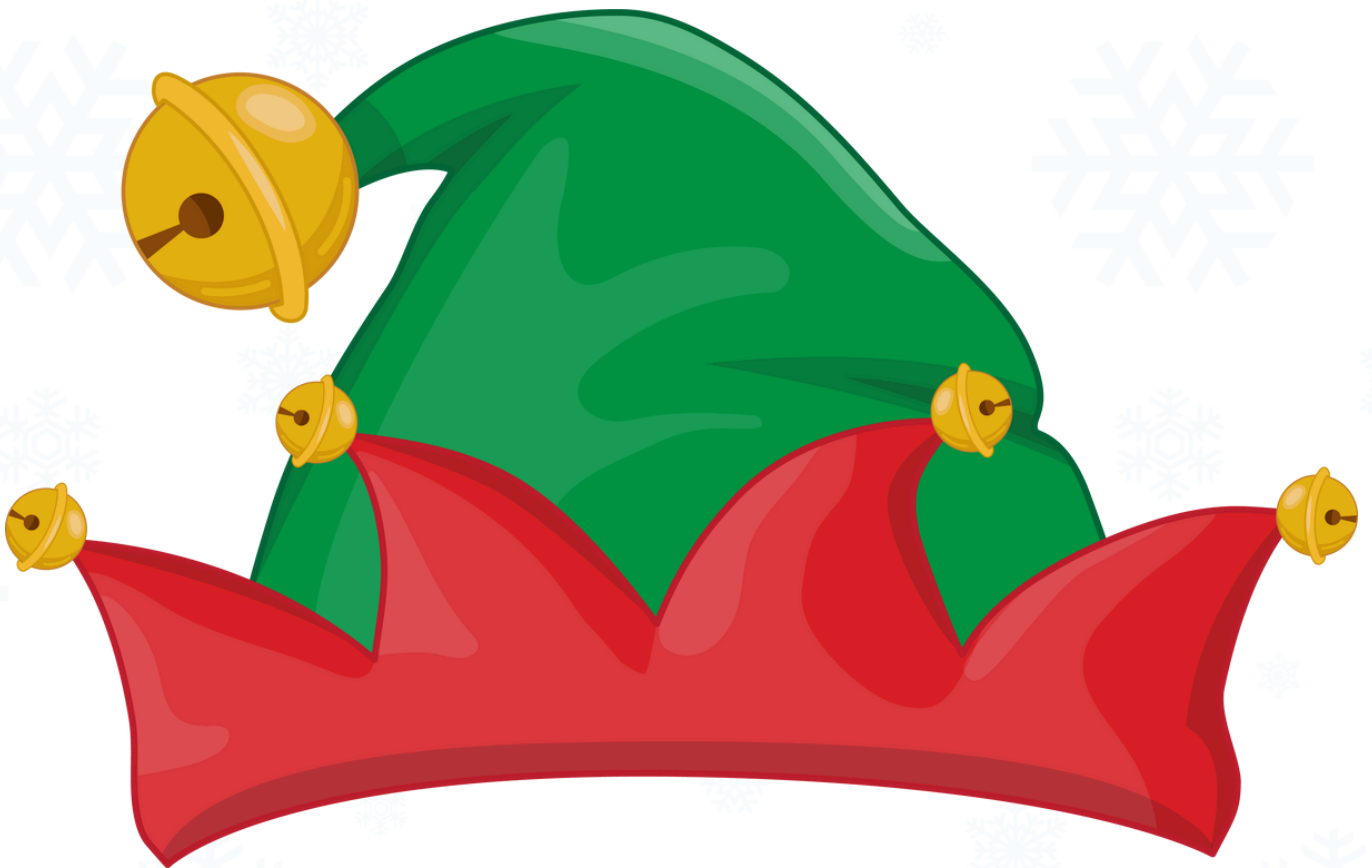
Hi, my name is



Elfie Selfie

Cut out your props, tape them to a stick, and get snapping your elfie selfies!

Don't forget to tag NHS Grampian Charity when you share them on social media and use #NationalElfServiceDay





Guess the weight of the present

Have your 'elf some fundraising fun during National 'Elf Service Week with this simple guessing game.

How to play:

1. Find a prize to wrap up. You could buy a small gift, ask family, friends or colleagues to donate something, or contact a local company to ask for their support.
2. Once you've wrapped your present, weigh it (and make sure you keep the weight a secret!)
3. Have the sheet on the next page displayed beside your present on the day of your event
4. Ask people for a donation to guess the weight
5. At the end of the day reveal the weight of the present, and give the prize to the person with the closest guess





Guess the weight of the present

Guess	Name
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

Guess	Name
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

This is a game of chance. Your host will reveal the answer and therefore the winner. NHS Grampian Charity is not liable for any decision made by the host. Enjoy, have fun, and thank you for your support



Lucky Squares

Lucky squares is an easy festive fundraiser to add to your National 'Elf Service Week event.

How to play:

1. Find a prize. You could buy a small gift, ask family, friends or colleagues to donate something, or contact a local company to ask for their support.
2. When you've got your prize, share the news with your family, friends and colleagues.
3. Ask people for a donation in exchange for choosing one of the numbered squares.
4. Make sure you write their name in the box.
5. Once all the squares are sold, use a random number generator (like www.random.org) to choose the winning number.
6. Give the prize to the lucky winner.





Lucky Squares

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31	32	33	34	35
36	37	38	39	40
41	42	43	44	45
46	47	48	49	50



12 Questions of Christmas

Our 12 Questions of Christmas quiz is a fun way to raise money for National 'Elf Service Week, and to test your friends, family and colleagues on their festive general knowledge.

Print out copies of the quiz on the next page and ask for donations of £1 or £2 to take part.

If you're feeling generous, you could even buy a small prize like a box of sweets and randomly choose a winner from all the correct quizzes.

SPOILER: The answers to the quiz are below, so stop reading now if you aren't ready to read them!

Questions

1. What do you traditionally do under the mistletoe?
2. How many reindeer does Santa have?
3. In total, how many gifts were given in the 'Twelve Days of Christmas'?
4. In which ocean can you find Christmas Island?
5. Which country did the Christmas tree tradition originate in?
6. Where does Santa Claus live?
7. Which saint's day is celebrated on December 26th?
8. Who wrote the classic novel 'A Christmas Carol'?
9. Which Christmas carol was originally named 'One horse open sleigh'?
10. Who plays Ebenezer Scrooge in 'A Muppets Christmas Carol'?

Answers

- Kiss
- Nine
- 364
- Indian Ocean
- Germany
- North Pole
- St Stephen's Day
- Charles Dickens
- Jingle Bells
- Michael Caine



12 Questions of Christmas

1. What do you traditionally do under the mistletoe?
2. How many reindeer does Santa have?
3. In total, how many gifts were given in the 'Twelve Days of Christmas'?
4. In which ocean can you find Christmas Island?
5. Which country did the Christmas tree tradition originate in?
6. Where does Santa Claus live?
7. Which saint's day is celebrated on December 26th?
8. Who wrote the classic novel 'A Christmas Carol'?
9. Which Christmas carol was originally named 'One horse open sleigh'?
10. Who plays Ebenezer Scrooge in 'A Muppets Christmas Carol'?





THANK YOU

Thanks to your generous support
we raised a fantastic



to support NHS Grampian patients
during **National 'Elf Service Week**

Certificate of Appreciation

Wishing a huge festive **THANK YOU** to

For all your kind help and support during National 'Elf Service Week

Signed Honorary Elf

