

News

Community Grants Programme now open

Charities and community groups across Grampian are being invited to apply for funding from NHS Grampian Charity, as it opens the latest round of its Community Grants Programme.

The programme provides grants of up to £10,000 to local charities and community organisations to help them develop projects which improve access to health provision, enhance healthcare experiences, and empower individuals to better manage their own health.

The Community Grants Programme was launched in 2020 and has now awarded over £900,000 to projects across the region including activities to support physical and mental health like exercise and cooking classes, and peer-support initiatives for people at different stages of their lives.

The charity will be holding a virtual information session on Thursday 28th November for organisations who are interested in the programme, and applications close at 12pm on Friday 13th December.



“We are excited to announce the latest round of our Community Grants Programme to fund health and wellbeing projects in communities across Aberdeen, Aberdeenshire and Moray.

“We are proud to have supported over 100 projects to date, and we look forward to partnering with more local charities and community organisations to transform health and wellbeing in communities across Grampian.

“We are incredibly grateful to our donors whose generous support helps make these projects happen.”

Lisa Duthie, Charity Lead

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2023-24 Annual Accounts & Review

NHS Grampian Charity began 2023-24 with a new name, a new strategy, and a renewed commitment to enhancing health and wellbeing across Grampian, and we are proud to have supported a huge range of projects, services and activities over the course of the year.

Almost 650 NHS Grampian projects totalling £2,240,000 were supported, leading to benefits for patients across Aberdeen, Aberdeenshire and Moray. These grants ranged in value from under £20 to over £100,000, and have included everything from cutting-edge specialist medical equipment, to a broad range of staff training opportunities, to comfortable waiting room seats and Christmas gifts for patients.

Our full accounts and annual report are available to read now on our website.

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Charity holds first public involvement event



We were delighted to welcome some recent visitors to our office for a Public & Patient Involvement & Engagement (PPIE) event.

This was an opportunity for members of the public and patients of NHS Grampian to share their thoughts and feedback on the funding of potential large-scale health improvement projects in Grampian.

PPIE is incredibly important for making sure the people of Grampian have a say in how charitable donations are used to enhance healthcare across the region.

Open call for research applicants

NHS Grampian Charity has announced an open call for research projects through its annual Small Research Grants programme to support health and social care research in Grampian.

The programme is open to applications from any researchers in Aberdeen, Aberdeenshire and Moray, including those working in dental, scientific, clinical, social care, nursing, midwifery, and allied health profession areas.

Researchers can apply for up to £20,000 to support a pilot or preliminary research project which will impact on health and social care.



Applications for the Small Research Grants programme close on Sunday 1st December. Please visit our website below for more information or to apply.

[Read More](#)

Keeping patients active at Seafeld Hospital



Patients at Seafeld Hospital's Muirton Ward are keeping up to date with fun activities, thanks to a new board which has been funded for the ward.

Muirton Ward is an older adult assessment ward, and weekly activities are arranged to support socialisation and rehabilitation. As well as making the activities agenda accessible for patients and visitors, the new board will also support the involvement of patients with cognitive impairments who often respond better to visual prompts.

It is often the simplest things that can make such a difference to the experience patients and their families have while in hospital.

Thank you to our donors for supporting this, and to the staff at Muirton Ward for having this fantastic idea.

Making hospitals more comfortable



Patients and visitors at Roxburghe House are enjoying new curtains, thanks to your generous donations.

The old curtains in the in-patient area were looking tired and worn, so when the staff approached us with the suggestion of buying new ones we were delighted to help.

The new curtains match the calmer decor colours of the ward and make the area feel more comfortable, private, and less clinical for palliative and end of life patients and their families.

A visit to hospital can involve very difficult, and sometimes heartbreaking, conversations. Thanks to the generous support of donors, we can provide the small comfort of a safe, warm, non-clinical area to have these conversations.

Three relatives rooms within the Critical Care department at Aberdeen Royal Infirmary have recently been refurbished thanks to kind donations. These rooms offer a quiet, private space for families to wait for updates on the condition of a loved one, or to process distressing news.

The upgraded rooms feature comfortable soft furnishings like couches where families can sit together, and are brightened up with artwork of local landscapes which have been photographed by staff from the unit.



Fundraising

The Kiltwalk is back

We are so excited to announce the return of the Kiltwalk for 2025.

The Aberdeen Kiltwalk takes place on Sunday June 1st, and walkers can take on one of two distances: the 18 mile Mighty Stride or the 4 mile Wee Wander.

All the money raised by our walkers goes directly to NHS Grampian Charity, and with over 200 dedicated charity funds available you can be sure that your support makes a difference for a cause close to your heart.

Signing up is quick and easy to do online, and you can even register to walk as a team.

If you would like more information about how your fundraising can make a difference for patients in Grampian, please get in touch with us on gram.charities@nhs.scot

Not available on June 1st?

There are also Kiltwalks taking place in Glasgow (April 26th & 27th), Dundee (August 17th) and Edinburgh (September 14th)

[Sign Up Now](#)



We would like to say a massive WELL DONE to all the wonderful people who have fundraised for NHS Grampian Charity over the past few months.

This includes Donna and Keith who conquered the Great Glen Way and raised an incredible £894 to enhance patient care in the Renal and Plastics departments at Aberdeen Royal Infirmary.



Also a big shout out to Jill who took on the Loch Ness Marathon to raise money for the bowel centre at Aberdeen Royal Infirmary. Jill raised a phenomenal £2699 - thank you and well done Jill!



Upcoming Events

Click the links below to find out more or to sign up:

March

[9th - Inverness Half Marathon](#)

April

[13th - Moray Marathon](#)

[26th & 27th - Run Balmoral](#)

[27th - Etape Loch Ness](#)

May

[11th - Run Garioch](#)

[24th & 25th - Edinburgh Marathon Festival](#)

June

[14th - Isle of Skye Half Marathon](#)

July

[7th - Stonehaven Half Marathon](#)

August

[17th - Scottish Half Marathon](#)

September

[28th - Loch Ness Marathon](#)

NHS Grampian Charity could not continue to enhance the health and wellbeing of the people of Grampian without your generous support.

Thank you

[Donate](#)